

## **RTT Treatment Package Rates**

A package of treatment, following the free initial consultation, includes the following;

- The therapy session lasting between 90 and 120 minutes
- Your 20 minute personalised recording to listen to for 21 days
- Ongoing support for the three weeks following your session if required by telephone, e mail, or via Zoom / Skype
- A review after the 21 days to assess if you would like or need a further session.
- £185 introductory offer for January and February.