

# Shonishin @ BoCo with Nuala Price



## Japanese Acupuncture for Babies & Children

Shonishin (or children's needle therapy) is a style of acupuncture specifically designed for babies and children. It was developed over 250 years ago in Japan. It involves specialised treatment techniques many of which are non-invasive, gentle and non-frightening to the child.

In Shonishin various instruments have been developed that give different kinds of stimulation. These tools can be tapped, rubbed, pressed and gently scrapped on the skin instead of inserted like a normal acupuncture needle.

Common symptoms and conditions helped by using this systematic approach are:

- Colic
- Disturbed sleep
- Digestive problems – diarrhoea, constipation, indigestion
- Eczema
- Asthma
- Hyperactivity
- Failure to thrive issues
- Ear infections
- Bed wetting
- Allergies
- Colds / Coughs, Runny noses

Some techniques can be taught to parents to use at home in between treatments to increase recovery time and to allow parents to participate in the treatment of their children.

Call Nuala on 07808 938 223 if you would like an appointment, have any questions or do not see your child's condition listed.

Cost: £45 for initial consultation and £35 for follow-up consultations

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**About Nuala:** Nuala has been in private practice for 5 years after graduating from the London College of Traditional Acupuncture. She has treated a wide range of conditions including musculoskeletal disorders, addiction/withdrawal, mental/emotional and gynaecological complaints. She works closely with patients to achieve better health and balance on all levels and strongly believes in the body's ability to heal itself.

She is fully accredited and a member of the British Acupuncture Council and has completed post graduate studies in Facial Acupuncture and Shonishin Japanese Acupuncture for Children.

